



# YADAP VIEWS



Happy Spring !

APRIL 8, 2008

VOLUME 1, NUMBER 2

You still have time to  
win VADAP paid  
registration for VSIAS!



**JOIN VADAP NOW AND GAIN THE CHANCE TO WIN  
FULL REGISTRATION FEE FOR VSIAS 2008!**



**DON'T LET THIS OPPORTUNITY PASS YOU BY!**

Two lucky VADAP Member Programs will receive a fully paid (\$475) registration to this year's Virginia Summer Institute for Addiction Studies! Join or renew NOW - the membership form is on our website:

Go to [www.vadap.org](http://www.vadap.org) – CLICK on Member Programs

**VADAP will draw from its members to award these registrations on April 15, so hurry and join NOW!**

## **BIG NEWS !!!**

### **First Recovery Community Services Program in Virginia!**

#### **SAARA Center for Recovery opens its doors on St. Patrick's Day**

*The SAARA Center for Recovery, located at 306 Turner Road, Suite L, in Richmond Virginia is a new concept in the Commonwealth of Virginia, but the idea of recovery community support programs has held favor with people in the Federal Government and in several states for years. SAMSHA has been funding grants to support peer-based recovery support programs since 2001, with centers in Vermont, Connecticut, Texas, Pennsylvania and other states throughout the country. SAMHSA has acknowledged that the past popularity, and effectiveness, of 12-Step programs lies in the concept that one alcoholic or addict can help another in profound ways, by sharing their experience, strength, and hope.*

*...story continues below...*

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*At a recent meeting at SAMSHA's headquarters in Rockville MD, a member of the Center for Substance Abuse Treatment's Advisory Board acknowledged that RCSP programs are the "future in the treatment of substance use disorders." The relatively low cost for providing services is one reason. However, it is the concept of recovery support services, delivered outside of 12-Step meetings, or a clinical environment, that can build a bridge between the two and help support and supplement substance use disorder treatment professionals with continued care for those suffering from addiction. It strengthens the connection with a recovery community, who more often than not, received treatment, therapy, and/or holistic healing as essential and necessary paths to their own recovery.*

*The SAARA Center for Recovery is open for business Monday through Friday, from 9:00am to 6:00pm. The Center offers: Peer Recovery Coaching and Mentoring; Recovery Support Groups; Sobriety Enhancement Services; Health and Wellness Programs; Living Enrichment programs; and Family Support Services. Each of these programs is designed to help address the various emotional, physical, spiritual, vocational and basic living supports that are essential for developing and sustaining long-term recovery and a life of self-sufficiency.*

*The Center has opened its doors to 12-Step programs for meetings at 6:30pm after regular business hours. Narcotics Anonymous meets on Tuesday nights, Codependents Anonymous meets Wednesday nights and Alcoholic Anonymous meets on Thursday nights. The Center is reaching out to other 12-step groups to meet on additional evenings.*

*The SAARA Center will be celebrating its opening with three events in April, in recognition of **Alcohol Awareness Month**. On Thursday, April 10<sup>th</sup> from 10:00am to 11:30am, there will be a multi-faith Blessing of the Space, officiated by the Reverend Ben Campbell, Pastoral Director of Richmond Hill, a spiritual retreat center in Richmond's historic Church Hill. Invitees include religious leaders from the close to 125 churches and other faith-based community*



Don't forget the **Open Minds Seminar**

*Best Practices for Front Line Supervisors:  
Achieving Employee Performance, Retention &  
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*Hosted by Vanguard Services Unlimited &*

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*May 22, 2008 in Arlington, Virginia*

**Discount registration for VADAP Members...**

*Click here for more information:*

[www.openminds.com/email/pevanguardvadap.htm](http://www.openminds.com/email/pevanguardvadap.htm)



22nd Annual NCADD  
Alcohol Awareness Month

Theme—April 2008:

**SAVING LIVES:  
PREVENT AND REDUCE  
UNDERAGE DRINKING**

centers that host 12-step meetings.

*On Sunday, April 13<sup>th</sup> from 1:00pm onwards, there will be a motorcycle rally and barbeque at the SAARA Center. Clean and sober bikers will leave the McShin Foundation, the Richmond-based recovery community organization in Henrico County, and ride across the James River to the SAARA Center. To register for the ride, call (804) 249-1845.*

**Finally, on Thursday, April 17<sup>th</sup>, from 5:00pm to 8:00pm, there will be a Ribbon Cutting and Open House at the SAARA Center.** *Rub elbows with community leaders, stakeholders, treatment professionals, and other members of the recovery community.*

*To learn more about the SAARA Center for Recovery, call us at (804) 762-4445. We encourage everyone to come by and see the space, meet our staff, our Recovery Coaches and Peer Leaders, and become a member of this recovery community.*

*Additionally, we are seeking treatment professionals to assist us in program development and delivery. If you have a topic, a workshop or seminar, a book or other publication, or any other educational service you can provide to help us with our educational programs, please contact Mark Blackwell, Project Director or Jean Govoni, Center Administrator.*

*The SAARA Center for Recovery has been made possible by a four-year, \$1.4 million grant from SAMSHA. Our grant partners include The McShin Foundation and Chesterfield County Community Services Board.*



Look for the next edition of **VADAP Views**, and stay tuned for more exciting news and information! VADAP is working with VAADAC and the Mid-Atlantic ATTC to bring you regional training for clinicians on Veterans and Post Combat Stress. We're also producing a position statement on Tobacco Use, Dependence and Treatment and we will ask you to participate in its development! Watch for these and other



### Benefits of Membership in VADAP:

Free state of the art training opportunities  
for member program staff

Free listing of program websites and  
job openings on VADAP website

Membership in the State Associations of  
Addictions Services (SAAS), including  
national news and training opportunities,  
discounts on purchases of addiction  
publications, drug screening tools,  
food services and more – visit

[www.saasnet.org](http://www.saasnet.org)

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We're on the Web!

[www.vadap.org](http://www.vadap.org)



